

Position	Race no.	Name	Gender	Cat	Club	Time	Pred Time	Difference
44	329	DARREN GILLMAN	M	V40	CAMBRIDGE & COLLERIDGE	0:47:28	0:47:27	0:00:01
125	107	GRACE HUNT	F		U/A	0:56:57	0:56:59	0:00:02
28	362	ANTHONY NAULTY	M	V50	U/A	0:45:23	0:45:20	0:00:03
147	209	LAURA WARD	F		U/A	1:00:03	1:00:00	0:00:03
89	387	SARAH HARRISON	F		U/A	0:52:05	0:52:00	0:00:05
59	349	ROB STUTCHFIELD	M	V40	U/A	0:49:21	0:49:13	0:00:08
99	394	DEBORAH SMITH	F	V45	HYDE VILLAGE STRIDERS	0:53:22	0:53:30	0:00:08
61	343	CLIVE SMITH	M	V40	GLOSSOPDALE HARRIERS	0:49:24	0:49:34	0:00:10
71	315	AERONWY TOWEY	F		BRAMHALL RUNNERS	0:50:11	0:49:59	0:00:12
24	317	KATIE SAMUELSON	F	V35	CAMBRIDGE & COLERIDGE	0:44:43	0:44:57	0:00:14
118	381	GAIL O'BRIEN	F	V45	ATHERTON RUNNING CLUB	0:56:41	0:56:27	0:00:14
17	180	MARTYN JONES	M		U/A	0:43:56	0:44:11	0:00:15
91	207	PETER MCGRATH	M	V40	U/A	0:52:25	0:52:10	0:00:15
7	341	ELIZABETH APSLEY	F		STOCKPORT HARRIERS & AC	0:41:44	0:42:00	0:00:16
25	8	PAUL CORNER	M	V40	STOCKPORT HARRIERS & AC	0:45:06	0:44:50	0:00:16
122	360	PETER WALTERS	M	V50	WINSTON RUNNERS	0:56:55	0:57:12	0:00:17
46	217	LINDEN HISCOCK	M	V40	STOCKPORT HARRIERS & AC	0:47:37	0:48:00	0:00:23
15	178	JOSH SEYMOUR	M	JUN	STOCKPORT HARRIERS & AC	0:43:35	0:43:11	0:00:24
54	378	NICK GRIFFITHS	M	V40	U/A	0:48:50	0:48:25	0:00:25
56	309	NICK HAM	M	V50	STOCKPORT HARRIERS & AC	0:48:56	0:48:30	0:00:26
104	350	SARAH STUTCHFIELD	F	V35	STOCKPORT TRI CLUB	0:54:06	0:53:40	0:00:26
140	195	DEBBIE SWANEPOEL	F	V35	U/A	0:59:21	0:58:53	0:00:28
141	99	SARAH TAYLOR	F	V35	U/A	0:59:31	1:00:00	0:00:29
38	354	GERAINT PRITCHARD	M	V40	RHAYADER RUNNING CLUB	0:46:30	0:46:00	0:00:30
80	393	SIMON HEYS	M	V50	STOCKPORT HARRIERS & AC	0:51:00	0:51:30	0:00:30
32	352	RICHARD HALL	M	V40	BRAMHALL RUNNERS	0:45:49	0:46:20	0:00:31
159	166	CLAIRE BRADLEY	F	V35	U/A	1:01:11	1:01:42	0:00:31
134	398	RAYMOND COCHRANE	M	V50	U/A	0:58:43	0:58:10	0:00:33
4	216	DAVID KELLY	M		U/A	0:39:26	0:40:00	0:00:34
52	194	MATT BREWIS	M	V40	U/A	0:48:51	0:49:26	0:00:35
30	182	LAWRENCE GRAVES	M	V40	U/A	0:45:31	0:44:55	0:00:36
69	177	CHRIS SEYMOUR	M	V40	U/A	0:50:03	0:49:27	0:00:36

8	307	DAVID MCBRIDE	M	V40	ROYTON ROAD RUNNERS	0:41:52	0:42:30	0:00:38
65	183	JOHN RICHARDS	M		STOCKPORT HARRIERS & AC	0:49:48	0:49:10	0:00:38
1	345	JAMES SCOTT-BUCCLEUCH	M		STOCKPORT HARRIERS & AC	0:38:14	0:37:35	0:00:39
112	335	FRANK ROGERS	M	V40	BELLE VUE RACERS	0:55:39	0:55:00	0:00:39
76	124	BRANDON TONGE	M		U/A	0:50:41	0:50:00	0:00:41
161	337	SIMON CLAPHAM	M	V50	U/A	1:01:19	1:02:00	0:00:41
190	375	SUSAN DICKINSON	F	V45	SCARAB TRI	1:05:07	1:04:26	0:00:41
210	205	HEATHER AUTY	F	V45	MACCLESFIELD HARRIERS	1:15:43	1:15:00	0:00:43
10	110	STEVE SHAUGHNESSY	M	V50	STOCKPORT HARRIERS & AC	0:42:24	0:41:40	0:00:44
97	234	DEE BECKETT	F		BRAMHALL RUNNERS	0:53:08	0:52:24	0:00:44
160	338	RICK CLAPHAM	M	V40	U/A	1:01:14	1:02:00	0:00:46
41	318	PHIL HEAWORD	M		BRAMHALL RUNNERS	0:47:00	0:47:47	0:00:47
93	314	VIV SAMUELSON	F	V35	SWINTON RC	0:52:35	0:51:48	0:00:47
20	148	ROGER WHITEHEAD	M	V50	BRAMHALL RUNNERS	0:44:14	0:43:25	0:00:49
75	145	LOUISA WHITEHEAD	F		U/A	0:50:40	0:49:51	0:00:49
3	155	MATT STEPHENSON	M	V40	U/A	0:39:12	0:40:02	0:00:50
83	367	RUTH SINCLAIR	F		STOCKPORT HARRIERS & AC	0:51:32	0:50:42	0:00:50
23	348	ANDY FOWLER	M	V40	STOCKPORT HARRIERS & AC	0:44:40	0:43:49	0:00:51
137	236	HANNAH WEST	F		U/A	0:59:09	1:00:00	0:00:51
155	174	ALICE TAYLOR	F		U/A	1:00:54	1:00:00	0:00:54
62	353	JAMES DEIGHTON	M	V40	U/A	0:49:27	0:48:32	0:00:55
199	186	CATH JONES	F	V45	BRAMHALL RUNNERS	1:08:36	1:07:41	0:00:55
202	326	PETER SAMUELSON	M	V70+	SPECTRUM STRIDERS	1:10:55	1:10:00	0:00:55
79	319	ROBIN CARRUTHERS	M	V40	U/A	0:50:58	0:50:00	0:00:58
213	355	HAYLEY BOWYER	F		U/A	1:16:00	1:15:00	0:01:00
214	356	JANET BOWYER	F	V55	U/A	1:16:00	1:15:00	0:01:00
11	340	TONY TAYLOR	M	V50	SANDBACH STRIDERS	0:42:31	0:41:30	0:01:01
13	127	PAUL GARNETT	M	V50	WILMSLOW RUNNING CLUB	0:42:52	0:41:50	0:01:02
101	223	FIONA COOKE	F	V45	STOCKPORT HARRIERS & AC	0:53:49	0:52:47	0:01:02
175	153	JACKIE HALL	F	V45	HYDE VILLAGE STRIDERS	1:02:32	1:01:30	0:01:02
16	386	DAVID TOWNLEY	M		STOCKPORT HARRIERS & AC	0:43:48	0:42:45	0:01:03
70	361	D ARNOLD	M	V40	U/A	0:50:09	0:51:13	0:01:04
114	382	MICHAEL PEARSON	M	V40	ATHERTON RUNNING CLUB	0:55:53	0:54:47	0:01:06

102	389	KEVIN OFFER	M	V50	SCARAB TRI	0:53:52	0:55:02	0:01:10
150	170	HAZEL HARRINGTON	F	V45	BRAMHALL RUNNERS	1:00:17	1:01:28	0:01:11
48	351	SAMANTHA THOMAS	F	V35	STOCKPORT HARRIERS & AC	0:47:44	0:46:30	0:01:14
64	179	PHIL ROWEN	M	V40	LYMM	0:49:45	0:48:30	0:01:15
29	333	SIMON CLARKE	M		CHORLTON RUNNERS	0:45:23	0:44:00	0:01:23
50	213	TONY PHILLIPS	M	V50	BRAMHALL RUNNERS	0:47:45	0:46:20	0:01:25
163	225	SARAH UPTON	F	V45	U/A	1:01:25	0:59:59	0:01:26
45	196	JAMES HALL	M		BRAMHALL RUNNERS	0:47:34	0:46:07	0:01:27
120	171	RACHEL HARRINGTON	F		U/A	0:56:47	0:55:20	0:01:27
37	157	MARK R JACKSON	M		STOCKPORT HARRIERS & AC	0:46:28	0:45:00	0:01:28
72	105	PAUL HUNT	M	V50	GOYT VALLEY STRIDERS	0:50:13	0:48:45	0:01:28
107	308	CATHERINE TOMBS	F	V35	U/A	0:54:53	0:53:24	0:01:29
14	144	ROBERT PRIEST	M		U/A	0:43:30	0:42:00	0:01:30
119	226	ANDREA BUCKINGHAM	F	V45	BRAMHALL RUNNERS	0:56:44	0:55:13	0:01:31
22	330	PAUL ADKINS	M	V60	STOCKPORT HARRIERS & AC	0:44:32	0:43:00	0:01:32
184	162	SAMANTHA COOK	F	V45	STOCKPORT HARRIERS & AC	1:04:02	1:02:30	0:01:32
31	235	PAUL BECKETT	M	V50	BRAMHALL RUNNERS	0:45:45	0:44:12	0:01:33
67	347	NEIL COOKE	M	V50	U/A	0:49:53	0:48:20	0:01:33
6	380	CRAIG MORGAN	M		U/A	0:41:29	0:39:55	0:01:34
39	221	MARK CLIFF	M	V40	PENNINE	0:46:35	0:45:00	0:01:35
124	108	AMELIA HUNT	F		U/A	0:56:56	0:55:20	0:01:36
189	175	SEANE CARROLL	M	V40	U/A	1:05:03	1:03:24	0:01:39
19	70	WAYNE HAMILTON	M	V40	U/A	0:44:08	0:42:25	0:01:43
49	342	TIM BLACKWELL	M	V40	CHORLTON RUNENRS	0:47:45	0:46:00	0:01:45
194	346	PETA WALSH	F	V55	STOCKPORT HARRIERS & AC	1:08:14	1:10:00	0:01:46
9	212	GED MCGRATH	M	V40	U/A	0:41:57	0:40:10	0:01:47
2	370	TOM BEACH	M		ROYSTON RUNNERS	0:38:56	0:40:45	0:01:49
98	311	HELEN FRASER	F	V45	STOCKPORT HARRIERS & AC	0:53:10	0:55:00	0:01:50
139	184	PIPPA PRICE	F	V45	U/A	0:59:20	0:57:27	0:01:53
84	368	PETE SINCLAIR	M	V50	STOCKPORT HARRIERS & AC	0:51:33	0:49:39	0:01:54
186	164	KAREN ANDREWS	F	V45	U/A	1:04:09	1:02:15	0:01:54
177	313	TRACY CRITCHLOW	F	V45	U/A	1:02:43	1:04:38	0:01:55
212	204	JULIE RAWCLIFFE	F	V45	MACCLESFIELD HARRIERS	1:15:55	1:14:00	0:01:55

55	377	SEAN GLAISTER	M	V50	U/A	0:48:53	0:50:50	0:01:57
146	364	SOPHIE BAXTER	F		U/A	0:59:58	0:58:00	0:01:58
35	122	PAUL WAIN	M	V40	KNUTSFORD TRI CLUB	0:46:02	0:44:02	0:02:00
208	135	CLARE DRAPER	F		BRAMHALL RUNNERS	1:14:37	1:16:38	0:02:01
100	143	JACKIE GRISTWOOD	F	V45	U/A	0:53:34	0:51:30	0:02:04
82	150	DAVE WOOD	M	V70+	U/A	0:51:05	0:49:00	0:02:05
12	231	IAN BOLTON	M		IVANHOE RUNNERS	0:42:38	0:40:30	0:02:08
110	392	STACEY HOLT	F	V35	HYDE VILLAGE STRIDERS	0:55:37	0:53:29	0:02:08
74	328	SCOTT ASHWORTH	M	V40	WINSTON RUNNERS	0:50:29	0:48:20	0:02:09
88	395	BRIAN EVANS	M	V60	U/A	0:51:59	0:49:50	0:02:09
148	154	CHRISTINE COPSON	F	V45	HYDE VILLAGE STRIDERS	1:00:09	0:58:00	0:02:09
26	219	MATTHEW HARRISON	M		U/A	0:45:20	0:47:30	0:02:10
121	359	LOUISE PHELAN	F		U/A	0:56:54	0:54:43	0:02:11
162	228	DEBBIE WOODCOCK	F	V45	BRAMHALL RUNNERS	1:01:25	0:59:14	0:02:11
207	363	PETER DRAPER	M	V60	BRAMHALL RUNNERS	1:14:28	1:12:15	0:02:13
40	129	COLIN SHORE	M	V40	U/A	0:46:37	0:48:52	0:02:15
178	376	MARY ROBERTS	F	V45	U/A	1:02:45	1:05:00	0:02:15
115	366	CAROLYN HIRONS	F	V45	WILMSLOW RUNNING CLUB	0:56:09	0:53:53	0:02:16
73	331	ROB CATOR	M	V50	STOCKPORT HARRIERS & AC	0:50:18	0:48:00	0:02:18
36	208	MARK OXBOROUGH-SHARP	M		U/A	0:46:16	0:43:56	0:02:20
60	224	DAVID THOMSON	M		U/A	0:49:22	0:47:00	0:02:22
81	365	CHRIS CANNON	M	V50	WILMSLOW RUNNING CLUB	0:51:11	0:48:45	0:02:26
136	203	TIM FLETCHER	M		TRAFFORD AC	0:59:00	0:56:32	0:02:28
85	369	LESLEY SINCLAIR	F	V45	STOCKPORT HARRIERS & AC	0:51:33	0:48:58	0:02:35
42	114	ANDY CORDES	M	V40	BRAMHALL RUNNERS	0:47:08	0:44:30	0:02:38
43	126	RAY O'KEEFE	M	V40	MACCLESFIELD HARRIERS	0:47:26	0:44:48	0:02:38
180	339	LINDSAY BEECH	F	V35	SANDBACH STRIDERS	1:03:19	1:06:00	0:02:41
166	327	FIONA ASHWORTH	F	V35	WINSTON RUNNERS	1:01:42	0:59:00	0:02:42
128	192	BRIDGET BROGAN-BRUCE	F	V35	HYDE VILLAGE STRIDERS	0:57:15	1:00:00	0:02:45
90	373	JAMES DICKINSON	M	V40	SCARAB TRI	0:52:13	0:55:00	0:02:47
127	53	MALCOLM ADAMS	M	V60	U/A	0:57:13	1:00:00	0:02:47
129	391	CARL O'CALLAGHAN	M	V40	BOLTON ROAD RUNNERS	0:57:17	0:54:30	0:02:47
126	371	SEAN O'FARRELL	M	V40	U/A	0:57:12	1:00:00	0:02:48

170	159	MARTIN JONES	M		ROYTON ROAD RUNNERS	1:02:03	0:59:12	0:02:51
117	357	JANINE ORTON	F	V35	U/A	0:56:40	0:53:48	0:02:52
47	232	NEIL BOLTON	M		U/A	0:47:40	0:44:44	0:02:56
123	173	ANNIE SMEDLEY	F	V35	U/A	0:56:56	0:54:00	0:02:56
156	118	ANDY TURNER	M	V40	BRAMHALL RUNNERS	1:00:57	0:58:00	0:02:57
18	210	SAM EVANS	M		BRAMHALL RUNNERS	0:43:59	0:41:00	0:02:59
130	106	MOIRA HUNT	F	V55	GOYT VALLEY STRIDERS	0:57:20	0:54:20	0:03:00
51	147	CLAIRE MACNEILL	F	V35	STOCKPORT HARRIERS & AC	0:48:32	0:45:31	0:03:01
133	111	DAVID WILLIAMSON	M	V40	SWINTON RUNNING CLUB	0:58:11	0:55:00	0:03:11
103	193	PHILIP HAROLD	M	V40	U/A	0:53:58	0:57:10	0:03:12
116	332	PAUL NICHOLLS	M	V40	SANDBACH STRIDERS	0:56:33	0:59:47	0:03:14
197	200	DON BENNETT	M	V60	BRAMHALL RUNNERS	1:08:34	1:05:20	0:03:14
198	372	REBECCA STYLES	F	V35	BRAMHALL RUNNERS	1:08:36	1:05:22	0:03:14
179	336	JARROD BEECH	M	V40	U/A	1:03:08	0:59:52	0:03:16
105	151	SARAH WOOD	F	V35	STOCKPORT HARRIERS & AC	0:54:07	0:50:50	0:03:17
151	211	MEL EVANS	F		U/A	1:00:25	0:57:04	0:03:21
77	146	PETER WHITEHEAD	M	V50	U/A	0:50:42	0:54:12	0:03:30
63	201	MATT COOKE	M		U/A	0:49:32	0:46:00	0:03:32
176	172	JOHN HARRINGTON	M	V50	U/A	1:02:34	1:06:10	0:03:36
183	383	MANDY BEARD	F	V45	SWINTON RUNNING CLUB	1:03:36	1:00:00	0:03:36
33	102	ROB GARNER	M		KNUTSFORD TRI CLUB	0:45:55	0:42:15	0:03:40
144	334	DENIS CULLOTY	M	V50	SANDBACH STRIDERS	0:59:40	0:56:00	0:03:40
111	68	SIMON RUSHTON	M	V50	U/A	0:55:38	0:51:57	0:03:41
132	149	JON-PAUL KEARNS	M	V40	STOCKPORT HARRIERS & AC	0:58:08	0:54:24	0:03:44
152	185	ANDREW BEAUMONT	M	V40	U/A	1:00:38	0:56:53	0:03:45
57	156	DAVID JACKSON	M	V50	STOCKPORT HARRIERS & AC	0:49:09	0:53:00	0:03:51
5	198	JAY WOOD	M		STOCKPORT HARRIERS & AC	0:40:53	0:37:00	0:03:53
92	189	NICK ROBERTS	M	V40	STOCKPORT HARRIERS & AC	0:52:32	0:48:37	0:03:55
220	206	KAREN WELLINGTON	F	V45	U/A	1:17:27	1:13:30	0:03:57
95	3	HELEN RENNIE	F		U/A	0:52:44	0:48:40	0:04:04
185	385	VINCENT TOWNLEY	M	V60	U/A	1:04:04	1:00:00	0:04:04
58	169	BEV GANOSE	F	V45	ALTRINCHAM & DISTRICT	0:49:12	0:45:00	0:04:12
113	115	MATTHEW CORDES	M		BRAMHALL RUNNERS	0:55:48	0:51:30	0:04:18

201	227	MARIA KEYWORTH	F	V45	U/A	1:10:21	1:06:03	0:04:18
153	215	JO POYNTON	F	V35	U/A	1:00:40	1:05:00	0:04:20
172	123	EMMA TONGE	F	V35	U/A	1:02:20	0:58:00	0:04:20
106	390	TRACY VERNON	F	V45	GOYT VALLEY STRIDERS	0:54:21	0:50:00	0:04:21
181	160	TANSY WILSON	F	V35	ROYTON ROAD RUNNERS	1:03:25	0:59:00	0:04:25
108	187	LOUISE HARRISON	F	V35	STOCKPORT HARRIERS & AC	0:55:28	0:51:00	0:04:28
135	202	GRAHAM FLETCHER	M	V50	NEWCASTLE STAFFS AC	0:58:59	0:54:30	0:04:29
34	358	PHIL MATTHEWS	M		WILMSLOW RUNNING CLUB	0:45:56	0:41:21	0:04:35
27	130	THOMAS DEAKIN	M		U/A	0:45:22	0:50:00	0:04:38
87	344	PHILIP D'NETTO	M	V40	BELLE VUE RACERS	0:51:53	0:47:00	0:04:53
86	138	GORDON SHARP	M	V60	U/A	0:51:50	0:46:54	0:04:56
192	312	FIONA SEYMOUR	F	V45	BELLE VUE RACERS	1:07:02	1:02:00	0:05:02
188	310	ADRIAN HAM	M	V40	U/A	1:04:41	0:59:30	0:05:11
205	190	CHRIS JONES	M	V50	HYDE VILLAGE STRIDERS	1:12:43	1:07:32	0:05:11
21	222	GEORGE COOKE	M	JUN	STOCKPORT HARRIERS & AC	0:44:22	0:39:00	0:05:22
109	188	NIGEL HARRISON	M	V50	STOCKPORT HARRIERS & AC	0:55:29	0:50:05	0:05:24
174	321	MARK GRUNDY	M	V50	BRAMHALL RUNNERS	1:02:27	0:57:00	0:05:27
68	399	STUART ENNIS	M	V40	STOCKPORT HARRIERS & AC	0:50:00	0:55:40	0:05:40
96	191	ANTHONY FEARN	M	V40	HEATONS EXPRESS	0:53:05	0:58:45	0:05:40
211	199	KATHERINE FISHER	F	V35	BRAMHALL RUNNERS	1:15:47	1:10:00	0:05:47
131	141	DAVID EMSLEY	M	V60	U/A	0:57:43	0:51:50	0:05:53
209	316	GILL DICKINSON	F	V55	BRAMHALL RUNNERS	1:15:06	1:09:00	0:06:06
53	384	CHRISTIAN EAGLE	M		STOCKPORT HARRIERS & AC	0:48:45	0:42:38	0:06:07
204	233	PAUL BEST	M	V50	HYDE VILLAGE STRIDERS	1:12:43	1:06:35	0:06:08
157	11	MARK OLIVER	M	V40	ROYTON ROAD RUNNERS	1:00:58	0:54:48	0:06:10
193	140	ELOISE BARTLETT	F		ROYTON ROAD RUNNERS	1:07:47	1:01:23	0:06:24
182	320	WENDY TOREVELL	F	V55	BRAMHALL RUNNERS	1:03:28	1:10:00	0:06:32
158	57	MARIE RUSHTON	F	V45	U/A	1:01:00	0:54:25	0:06:35
66	397	ALI ALSAADI	M		BELLE VUE RACERS	0:49:50	0:43:00	0:06:50
219	152	DIANA POWELL	F	V55	BRAMHALL RUNNERS	1:17:22	1:10:30	0:06:52
78	134	BRENDAN MORRISON	M	V60	U/A	0:50:47	0:57:54	0:07:07
217	229	DENISE ALBUTT	F	V55	U/A	1:17:16	1:10:00	0:07:16
218	230	JOHN ALBUTT	M	V60	U/A	1:17:16	1:10:00	0:07:16

145	113	GARRY BOWER	M	V40	ROYTON ROAD RUNNERS	0:59:41	0:52:17	0:07:24
203	400	ANNA JONES	F		U/A	1:11:25	1:03:52	0:07:33
173	322	ANN LUCKOCK	F	V55	BRAMHALL RUNNERS	1:02:24	1:10:00	0:07:36
94	22	MICHAEL GIBBONS	M	V50	BRAMHALL RUNNERS	0:52:42	0:45:00	0:07:42
149	165	ROB BRADLEY	M	V40	U/A	1:00:14	0:52:30	0:07:44
167	396	NINA GREEN	F	V45	STOCKPORT HARRIERS & AC	1:01:44	0:53:54	0:07:50
138	133	EMMA O'GORMAN	F		U/A	0:59:19	0:51:00	0:08:19
195	220	CAROL CHAPPELL	F	V35	GOYT VALLEY STRIDERS	1:08:29	1:00:00	0:08:29
169	142	KATHRYN EMSLEY	F	V45	U/A	1:01:57	0:53:22	0:08:35
168	325	ELAINE DEVINE	F	V55	STOCKPORT HARRIERS & AC	1:01:45	1:10:35	0:08:50
154	388	JEREMY GRIFFITHS	M	V50	U/A	1:00:52	1:10:00	0:09:08
187	18	CHRISTINE GIBBONS	F	V55	BRAMHALL RUNNERS	1:04:40	0:55:00	0:09:40
215	82	SHELLY PASCOE	F		HYDE VILLAGE STRIDERS	1:16:03	1:05:20	0:10:43
164	131	CLARE DARRAUGH	F	V35	ROYTON ROAD RUNNERS	1:01:29	0:50:40	0:10:49
200	324	JOHN CORRY	M	V50	STOCKPORT TRI CLUB	1:08:37	1:20:00	0:11:23
171	323	SUE HOWARD	F	V55	STOCKPORT HARRIERS & AC	1:02:13	1:15:02	0:12:49
206	197	NEIL RYAN	M		U/A	1:14:24	1:00:00	0:14:24
191	214	DAWN DEVINE	F	V45	MACCLESFIELD HARRIERS	1:05:29	1:20:20	0:14:51
165	379	STEVE LYONS	M	V40	EAST CHESHIRE HARRIERS	1:01:34	0:46:15	0:15:19
216	38	SHARON TOOLIN	F	V35	HYDE VILLAGE STRIDERS	1:16:04	0:59:00	0:17:04
143	132	SIMON HILTON	M	V40	STOCKPORT HARRIERS & AC	0:59:33	0:42:00	0:17:33
196	218	JULIA CARTER	F	V35	GOYT VALLEY STRIDERS	1:08:30	1:27:00	0:18:30
142	181	MIKE THIRSK	M	V50	STOCKPORT HARRIERS & AC	0:59:32	2:00:00	1:00:28
DNF	374	JOE DOCHERTY	M	V40	U/A	0:00:00	0:56:19	