

Privacy Notice

Context and Overview

Key Details

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Background

Crazy Legs Fitness are committed to protecting and respecting your privacy. Any references to "we", "our" and "us" in this Privacy Notice are references to Crazy Legs Fitness. We are a controller of your personal data under applicable data protection laws, including from 25th May 2018, the General Data Protection Regulation ("GDPR"). We, as a controller, determine why and how we collect and use your personal data.

What is the purpose of this Privacy Notice?

When you take part in one of our sessions, start a training programme or otherwise interact with us, we collect information about you which constitutes personal data under the GDPR. This Privacy Notice explains how we collect, use, share and protect your personal data. Please read this Privacy Notice carefully to understand what we do with your personal data. We may change this Privacy Notice from time to time and if we make any material changes then we will make the updated Privacy Notice available to you on our website or by other means. The date at the top of this Privacy Notice indicates from when this Privacy Notice applies.

Whose personal data to we collect?

We collect and process personal data about individuals who enter or interact with us about our events (collectively "you")

What kind of personal data do we collect about you?

We collect from you personal data such as;

- Name
- Gender
- Age/Date of Birth
- Telephone Number (Home and mobile) and Emergency Contact Telephone Number
- Address
- E-mail address
- Medical history
- Current fitness information including images of posture and movement
- Lifestyle information

We do not collect payment details but do maintain a record of financial transactions for accounts purposes.

If you are entering details on behalf of a child for whom you are a parent or guardian then the child has the same rights through this notice as an adult and you are giving your consent for the processing the child's personal data in line with the terms of this Privacy Notice.

How do we collect your personal data?

We may collect your personal data when you;

• Complete a Pre Activity Readiness Questionnaire (PARQ) prior to one of our group sessions or on registering for personal training.



- Complete a lifestyle questionnaire when registering for personal training or strength and conditioning programmes.
- Perform an assessment at the start of a programme of personal training or strength and conditioning.
- Provide it to us in correspondence and conversations with you.
- Interact with us via social media. If you join our Facebook or other social media pages, please note that provider of the social media platform has its own privacy notice and that we do not accept any responsibility or liability for it. Please check this notice before you submit any personal data on our website and social media pages.

This notice forms part of the terms and conditions for services provided by Crazy Legs Fitness. By signing the declaration on the PARQ you agree to the terms of this notice.

Do we collect personal data about you from third parties?

We do not normally collect information about you from third parties.

Should it become necessary to do so (for example should if be beneficial for information from another fitness professional such as a physiotherapist) we will ask for your specific consent for the information to be shared.

And third parties from whom we collect data about you will have their own privacy notices for which we have no responsibility or liability.

How do we use your personal data?

This section of this Privacy Notice explains for what purposes we use your personal data and on what legal bases we rely, to ensure we process your personal data lawfully. Our legal bases for collecting and using your personal data will include;

- To perform our contract with you when you sign up for a group session, personal training programme or strength and conditioning services.
- In your vital interests if we need to provide your details to emergency services.
- To comply with our legal obligations if requested to provide information for insurance or other legal purposes.
- To pursue our legitimate interests which do not override your interests or fundamental rights and freedoms. These are
 - o to provide training programmes and exercise sessions that safely meet the goals that you are aiming to achieve.
 - to enhance knowledge through the gathering of information on historical training information and its effects. This information will not be shared with any third parties unless specific consent has been given (see below)
- In certain circumstances and subject to applicable laws, your consent, however when this legal basis is used we will make this clear to you and you will have the right to withdraw your consent at any time.

What are the consequences if you fail to provide us with the requested personal data?

If we ask you to provide us with your personal data to protect your vital interest, or to allow us to enter into a contract with you, we will advise you in the questionnaires you complete whether you are obliged to provide personal data or whether it is voluntary. If you do not provide us with data that you are obliged to provide we may not be able to allow you to join a group training session and/or to be able to provide a personal training programme and/or strength and conditioning sessions to you.

Who do we share your personal data with?

We do not normally share your personal data with any third parties.



We may disclose your personal data to Emergency Services if necessary or to other authorities where we are legally obliged to do so or in our reasonable opinion such disclosure is necessary to comply with applicable laws and legal processes, support an investigation or to protect our rights and interests.

If it is beneficial to do so we may share your personal data with another fitness professional (such as a physiotherapist). This would only be done with your specific consent in advance.

We may publicly share images of people and training sessions to promote Crazy Legs Fitness on social media and/or on our website. Where we share images in which individuals may be identified we will ask for consent to share them in advance. We will not share images where we have been specifically requested not to do so or where we are aware we may cause embarrassment or offense.

Personal data that we share with third parties is subject to their privacy policies for which we have no responsibility or liability.

We will not transfer your data outside of the European Economic Area.

How do we protect your personal data?

To protect the security of your personal data, we implement appropriate technical and organisational security measures which include physical and technical security safeguards with appropriate policies and procedures.

How long do we hold your personal data for?

We may retain your personal data as long as it remains necessary in relation to the purposes we collected the information for. When determining the appropriate retention period we consider the risks of the processing, our contractual, legal and regulatory obligations, our data retention periods and our legitimate business interests.

Financial transaction data will be deleted or destroyed within eight years of the financial transaction – this data only includes the amount and source of the payment, not the payment means.

What are your rights in relation to the personal data we hold about you?

Subject to the conditions prescribed in applicable laws, you have the right;

- To access, rectify or request erasure of your personal data
- To ask us to restrict processing of it
- To request portability of it
- To object, on grounds relating to your particular situation, to processing of your personal data which is based on our or a third party's legitimate interests
- To object to processing of your data for direct marketing purposes.

You can exercise these rights by contacting us using the contact details below.

How can you contact us?

If you have any questions or concerns about our use of your personal data please contact us via e-mail at crazylegsfitness@gmail.com